



<u>Mon.</u>	<u>Tues.</u>	<u>Wed.</u>	<u>Thurs.</u>	<u>Fri.</u>
	1 11a- Fitness Class w/ Kia	2 10a-12p- SHINE 12:45p- Papercrafts with Elaine	3 12:30p MOVIE- Arthur the King 1pm- 4p Social Worker Meet & Greet- by appt. only	4 11a- Beyond Balance w/ Mica 12:30p Wii Bowling
7 CLOSED 	8 11a- Fitness Class w/ Kia 12:30p- Video Series- The Hidden Live of Pets Ep. 1 & 2	9 11a- SNAP ED 12:30p- <i>Living with Loss</i> Support 12:30- <i>Learning Sudoku</i>	10 12:30 MOVIE- Ordinary Angels 1pm- 4p Social Worker Meet & Greet - by appt only	11- Patriots Day  11a- Chair Yoga w/ Stacy 12:30p- Patriotic Sing A Long 1:30p- Chronic Illness/ Cancer Support -
14 11a- Blood Pressure Clinic 1pm- American Mah Jongg	15 11a- Fitness Class w/ Kia 12:30p- Video Series- The Hidden Lives of Pets Ep. 3 & 4	16 10a-12p- SHINE 11a- Librarian Linda 3:30p- <i>Caring for the</i> <i>Caregiver Support</i>	17 12:30p- MOVIE- We Can Be Heroes 1pm- 4p Social Worker Meet & Greet- by appt only	18 11a- Beyond Balance w/ Mica- 1p- BINGO w/ YourLife
21 12:30p Medicare Monday w/ Ali 1p- American Mah Jongg	22 11a Fitness Class 12:30p- State & Capital Trivia	23 <i>International Sign</i> <i>Language Day</i> 12:30- Video 20 First Words in ASL	24 12:30p- MOVIE- Don't say Good Luck 1pm- 4p Social Worker Meet & Greet- by appt only	25 11a- Rhythm Fitness video 12:30pm- Country Music with Guy
28 9a- Grandparents Raising Grandchildren 1pm- American Mah Jongg	29 11a Fitness Class 12:30p Video- Surviving Paradise A Family Tale	30 12:30pm- Brain Games 1p- Memory Screenings w/ Flourish Research		