



As we age, does our home keep up with our needs?



Laura Capp

Founding Director at Neighbors Network

Certified AARP HomeFit Facilitator

HomeFit Seminar

“Making our homes more livable as we age”

Wednesday, January 20

Noon to 2:00 p.m.

Schedule of Events

- ☞ **12:00 p.m.** **Welcome and Introductions**
by Phil Koechlein, AARP District 8 Coordinator
Lunch Catered by The Kitchen
(Space limited, RSVP required)
Presentation
“Keeping your home safe and accessible”
by Cindy Flachmeier, President/CEO, Aging Matters in Brevard
- ☞ **12:30 p.m.** **Bone Builders Demonstration**
- ☞ **12:50 p.m.** **HomeFit Seminar**
“Making our homes more livable as we age”
by Laura Capp
- ☞ **2:00 p.m.** **Questions & Answers**

Martin Andersen Senior Center

1025 Florida Avenue
Rockledge, Florida 32955

*To RSVP or for more information,
Call Robin at (321) 806-3716
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